

# *Perplexing Proverbs*

Leaders' Guidelines

by

Susanne Scheppmann

---

Copyright © 2007 Susanne Scheppmann. All rights reserved.

*Susanne*  
*Scheppmann* ■ Speaker  
■ Teacher  
■ Author

6935 Aliante Pkwy. #104-404 ■ N. Las Vegas, NV 89084  
(702) 595-5444 ■ (800) 370-1565  
Susanne@susanneonline.com  
www.susanneonline.com

*Touching  
Women's  
Hearts  
with the  
Trust  
of Jesus*



---

## Guidelines for Bible Study Discussion Groups

Encourage commitment to your group. Encourage meeting attendance and lesson completion. However, do not expect everyone to have their lessons completed. Sometimes, women just need to absorb.

Advise them, "If you have to come late, still come. We'll save you a seat. Or if you have to leave early, just try to leave as quietly as possible so as not to disturb the group."

Stress confidentiality within the group. What is said within each group must not go any further. Please ask them to respect family members, husbands, kids, etc. We do not want to hurt the feelings of our loved ones.

Ask for respect for each other and for differing opinions. We might have to "agree to disagree." Remember: *"A person convinced against her will, is of the same opinion still."*

Ask them to refrain from discussing other churches and denominations.

Go over the lesson format. Ask if there are any questions. Tell them, "If I am going too fast or speaking "Christianese," ask me to slow down or to explain the terminology. Encourage them to ask questions, someone else in the group probably has the same question.

Explain the different "versions" of the Bible, such as NIV, King James, The Message, etc. Most study guides will use the NIV version; however, whatever the women have and understand is most important.

Finally, prohibit party invitations and the promotion of home businesses, such as candle, jewelry, cosmetics, or cookware parties.



---

## *Perplexing Proverbs*

### Week 1

### “Heart-Print of Wisdom”

### Open with Prayer

### Day 1—The Fear Factor

Read the preface and discuss with your group any non-biblical proverbs that they heard as they grew up.

#### Page 3

Discuss the *Did You Know?* in the margin. Help them to cement in their minds that the biblical Proverbs are not promises, but general guidelines and concepts for godly living.

#### Page 3

Discuss the following:

- Three things that you fear.
- Three people you revere.
- The meaning of the concept *to fear the Lord*.

### Day 2—Wisdom or Folly

#### Page 6

Discuss the advantages of obtaining wisdom.

#### Page 7

Read the verses in the margin. Discuss their meaning. Do they encourage you? Why or why not?

### Day 3—The Value of Wisdom

#### Page 9

Discuss the *Apply* section graph. Talk about how we value wealth in our culture.

#### Page 9-10

Read aloud Proverbs 14:6, 19:8; 19:11; 24:3-4; 24:5; 24:14. Discuss the *Apply Section*.



---

## Day 4—More Wise Words

### Page 11

Read Genesis 3:2-6 aloud.

Discuss what Eve thought she would gain.

### Page 12

Discuss with your group Jesus' story in Matthew 7:24-29.\* Ask if any of them have experienced a hurricane or typhoon. \*(I bet this will create some chatter in Florida and Louisiana.)

Read James 1:5. Discuss the need to ask God for wisdom in our decisions.

## Day 5—Glorious Wisdom

### Page 14

Read 2 Chronicles 1:7-12 aloud.

Discuss the questions on page 14.

Read Proverbs 9:12 in the margin. Discuss how this Proverb applies to the story of Solomon.

Encourage the group to complete next week's lesson.\*Close with a prayer after asking for the various needs in their lives for which they desire more wisdom.

---

Copyright © 2007 Susanne Scheppmann. All rights reserved.

**Susanne**  
**Scheppmann** ■ Speaker  
■ Teacher  
■ Author

6935 Aliante Pkwy. #104-404 ■ N. Las Vegas, NV 89084  
(702) 595-5444 ■ (800) 370-1565  
Susanne@susanneonline.com  
www.susanneonline.com

*Touching  
Women's  
Hearts  
with the  
Trust  
of Jesus*



---

*Perplexing Proverbs*  
 Week 2  
 “Heart-Print of Trust”

**Open with Prayer**

**Day 1—Crawling Out of Potholes**

**Page 18**

Read aloud Proverbs 3:5-6. Discuss the advice given.

**Page 19**

Discuss the *Apply* section. Ask the group members to share an important verse from their spiritual journey.

**Day 2—Route 66 Part 1**

**Page 21**

Discuss the quote by Martin Luther.

**Page 23**

Read aloud Isaiah 55:11 from the margin.

Discuss the information and truth of Isaiah 55:11.

**Day 3—Route 66 Part 2**

**Page 24**

Discuss the quote by Charles Spurgeon

**Page 25**

Discuss the *Apply* section.

**Page 25-26**

Discuss the activities that help protect what God teaches us through His Word: Bible study, daily devotions, church attendance, keeping a prayer journal, friendship with other believers.

**Page 27**

Discuss *Today's Heart-Print*. How can we apply Proverbs 30:5 to our lives?  
 “Every word of God is flawless; he is a shield to those who take refuge in him.”  
 (Proverbs 30:5)



---

## Day 4—Don't Worry, Be Happy

### Page 28

Discuss the problem of worry in our lives. Why does anxiety strike at night?

### Page 29

Have the group members share the most common worries of women.

### Page 30

Read aloud from the margin Matthew 6:34. Discuss the truth of this verse. How can we apply this to our day-to-day lives?

## Day 5—Take Flight

### Page 31-32

Discuss the story of Gideon. Discuss the *Apply* section.

### Page 33

Encourage the group to complete next week's lesson. Close by using "Today's Heart-Print" as part of your closing prayer.

*"But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint." (Isaiah 40:31)*



---

*Perplexing Proverbs*  
 Week 3  
 “Heart-Print of Contentment”

**Open with Prayer**

**Day 1—If Only I Had More . . .**

**Page 37**

Discuss how Proverbs 3:7, Proverbs 7:2a, Proverbs 15:3, and Proverbs 27:30 could apply to Eve. How do they apply to us?

**Day 2—Pride and Proverbs**

**Page 40**

Read aloud from the margin Proverbs 11:2. Explain the truth of the proverb.

Discuss question, “Why do you think pride is easier to recognize in others than in oneself?”

**Page 41**

Discuss the harm that comes from the negative form of pride.

**Day 3—Ravenous Envy**

**Page 43**

Discuss the ten things that cause women to envy other women.

**Page 43-44**

Discuss the envy between Rachel and Leah.

**Day 4—Guilt-Free Contentment**

**Page 46**

Define the phrase “guilt-free contentment.”

**Page 47**

Read the listed Proverbs. How do they promote contentment?

**Page 48**

Discuss the relation between Proverbs 11:18 and 1Timothy 6:6.



---

## Day 5—It Is Well with My Soul

### Page 49

If possible, play a recording of the hymn, “It is Well with My Soul.”

### Page 50

Read aloud Proverbs 12:25a and Proverbs 17:22. Discuss the meaning of these proverbs.

Discuss Isaiah 9:6, John 14:27, Romans 5:1, Philippians 4:7, 2 Thessalonians 3:16.

Encourage the group to complete next week’s lesson. Close in prayer with an emphasis on “contentment with godliness is great gain.”

---

Copyright © 2007 Susanne Scheppmann. All rights reserved.

**Susanne**  
**Scheppmann** ■ Speaker  
■ Teacher  
■ Author

6935 Aliante Pkwy. #104-404 ■ N. Las Vegas, NV 89084  
(702) 595-5444 ■ (800) 370-1565  
Susanne@susanneonline.com  
www.susanneonline.com

*Touching  
Women's  
Hearts  
with the  
Trust  
of Jesus*



---

## Perplexing Proverbs Week 4 “Heart-Print of Friendship”

**If possible, prepare coffee and provide specialty flavored creamers.**

### Open with Prayer

#### Day 1—Knit Together

Page 55

Discuss the attributes of friendships found in Proverbs 17:9a, 18:24b, 27:6a, 27:9b.

Discuss the truth of Proverbs 19:22a, “What a man desires is unending love.”

#### Day 2—Recipe for Friendship

Page 59

*Apply* section: Ask the members if they listed three “old acquaintances” to contact. Discuss ways to contact old friends.

Page 60

Read aloud Ecclesiastes 4:9-12. Discuss the truth of these verses.

#### Day 3—Inside Outside

Page 61

Discuss the attributes of friendships that we treasure in others.

Discuss the behaviors that hurt or destroy friendships.

#### Day 4—Sips of Friendships

Pages 27-29

Discuss the various types of friendships: the Decaf Friends, the Espresso Friends, the Cappuccino Friends, the Latte Friends, and the Bitter Cup Friends.

---

Copyright © 2007 Susanne Scheppmann. All rights reserved.

**Susanne Scheppmann** ■ Speaker  
■ Teacher  
■ Author

6935 Aliante Pkwy. #104-404 ■ N. Las Vegas, NV 89084  
(702) 595-5444 ■ (800) 370-1565  
Susanne@susanneonline.com  
www.susanneonline.com

*Touching  
Women's  
Hearts  
with the  
Trust  
of Jesus*



---

## Day 5—Best Friends Forever

Page 70

Read aloud Proverbs 18:24b from the margin.

Discuss the *Apply* section.

Discuss in detail how to have Jesus Christ as your Best Friend Forever.

Encourage the group to complete next week's lesson. Close with prayer asking Christ to bind you in fellowship and friendship with each other and with Him.

---

Copyright © 2007 Susanne Scheppmann. All rights reserved.

**Susanne**  
**Scheppmann** ■ Speaker  
■ Teacher  
■ Author

6935 Aliante Pkwy. #104-404 ■ N. Las Vegas, NV 89084  
(702) 595-5444 ■ (800) 370-1565  
Susanne@susanneonline.com  
www.susanneonline.com

*Touching  
Women's  
Hearts  
with the  
Trust  
of Jesus*



---

*Perplexing Proverbs*  
 Week 5  
 “Heart-Print of Behaviors and Emotions”

## Open with Prayer

### Day 1—Folly of Fools

#### Page 77

Read aloud Psalm 53:1a from the margin. Discuss this thought without allowing anyone to personally accuse someone.

Discuss 1 Corinthians 1:18-21. How did Jesus overcome the “foolishness” of the cross in your life?

### Day 2—Pop Goes the Weasel

#### Page 81

Discuss the quote “Anger is one letter short of danger.”—Author Unknown.

Discuss when anger is appropriate.

#### Page 82

Discuss the *Apply* section. Make this humorous and light-hearted.

#### Page 83

Read aloud Ephesians 4:26 found in the margin. Discuss this crucial concept.

### Day 3—Twin Sisters

#### Page 85

What are the “twin sisters”?

#### Page 87

Read the *Apply* section. Discuss how the group can display more kindness and patience to people in their lives.

### Day 4—Joy to the World

Copyright © 2007 Susanne Scheppmann. All rights reserved.

**Susanne**  
**Scheppmann** ■ Speaker  
 ■ Teacher  
 ■ Author

6935 Aliante Pkwy. #104-404 ■ N. Las Vegas, NV 89084  
 (702) 595-5444 ■ (800) 370-1565  
 Susanne@susanneonline.com  
 www.susanneonline.com

*Touching  
 Women's  
 Hearts  
 with the  
 Trust  
 of Jesus*



---

**Page 89**

Discuss the *Apply* section.

**Page 91**

Read 1 Peter 1:8. Ask the group members to define 1 Peter 1:8 in their own words.

**Day 5—Mental Menagerie****Page 93**

Discuss the advantages and possible disadvantages of seeking godly counsel.

Review this week's lesson on behaviors and emotions. Discuss how the group can put godly behaviors and emotions into practice.

Encourage the group to complete next week's lesson. Ask for brief and specific prayer needs in regards to behaviors and emotions. Close in prayer.

---

Copyright © 2007 Susanne Scheppmann. All rights reserved.

**Susanne**  
**Scheppmann** ■ Speaker  
■ Teacher  
■ Author

6935 Aliante Pkwy. #104-404 ■ N. Las Vegas, NV 89084  
(702) 595-5444 ■ (800) 370-1565  
Susanne@susanneonline.com  
www.susanneonline.com

*Touching  
Women's  
Hearts  
with the  
Trust  
of Jesus*



---

*Perplexing Proverbs*  
 Week 6  
 “Heart-Print of Motherhood”

## Open with Prayer

### Day 1—A Quiver Full of Blessings

#### Page 98

Discuss the concept of biological, adopted and, most importantly, spiritual children.

#### Page 99

Discuss the people who you would consider to be spiritual mother figures.

#### Page 100

Discuss how they can continue to have a quiver full of blessings of “children” in their lives.

### Day 2—A Trust is Given

#### Page 102

Discuss how a mother’s love is described in Isaiah 49:15, Isaiah 66:13 and 1 Thessalonians 2:7.

What is the common theme of the proverbs listed?

#### Page 102-103

Read Proverbs 22:6 from the margin. Discuss how this is a proverb and not a promise.

#### Page 103

Read 1 Corinthians 4:2 from the margin. Is there someone whom the women feel is a trust given to them from God?

### Day 3—A Dose of Discipline

#### Page 105-106

Discuss God’s discipline in our lives as His children.

Ask what they think about the Shepherd’s staff in their own life or in their children’s lives?

---

Copyright © 2007 Susanne Scheppmann. All rights reserved.

*Susanne Scheppmann* ■ Speaker  
 ■ Teacher  
 ■ Author

6935 Aliante Pkwy. #104-404 ■ N. Las Vegas, NV 89084  
 (702) 595-5444 ■ (800) 370-1565  
 Susanne@susanneonline.com  
 www.susanneonline.com

*Touching  
 Women’s  
 Hearts  
 with the  
 Trust  
 of Jesus*



---

## Day 4—A Legacy

### Page 107

To whom will they leave a legacy of faith in their lives?

Discuss “sincere faith.”

### Page 109

How do they feel about the statement on page 109, “Prayer changes lives”?

Discuss how to find a compatible prayer partner and how to implement a prayer time for the “trusts” God has placed in their lives.

Do some believe it is too late to begin to build a legacy of faith?

## Day 5—We the Children

### Page 111

Discuss how they honestly feel about honoring their parents.

### Page 112

Read Proverbs 28:24 aloud. Discuss this proverb and its implication. Discuss the aspects of how we rob our parents in God’s view.

### Page 113

Do you feel you are truly a child of God? Why or why not?

Read Proverbs 20:11

Discuss how this proverb might apply to us as children of God.



---

*Perplexing Proverbs*  
 Week 7  
 “Heart-Print of Conversation”

## Open with Prayer

### Page 115

Ask what they remember thinking about the miners who were killed in the Sago mine disaster.

## Day 1—Windy Words

### Page 116

Discuss Proverbs 23:15-16, specifically “my inmost being will rejoice when our lips speak what is right.”

### Page 117

Discuss what constitutes a wise tongue according to the Proverbs.

## Day 2—Out with the Trash

### Page 118-119

Discuss the proliferation of profanity in today’s society.

### Page 119

Discuss the possible ways we misuse the name of the Lord.

### Page 120

Describe “godless chatter.” How can we avoid it in our own lives?

Discuss Today’s Heart-Print—Proverbs 10:19. How have they found this proverb to be true?

## Day 3—Liar Mouth

### Page 122

Read Proverbs 12:22 aloud. Discuss Sarah’s “fib.” How often do we lie when caught off guard in a harmless situation?

### Page 124

Read Proverbs 19:22. Discuss the truth of this proverb.

---

Copyright © 2007 Susanne Scheppmann. All rights reserved.

*Susanne Scheppmann* ■ Speaker  
 ■ Teacher  
 ■ Author

6935 Aliante Pkwy. #104-404 ■ N. Las Vegas, NV 89084  
 (702) 595-5444 ■ (800) 370-1565  
 Susanne@susanneonline.com  
 www.susanneonline.com

*Touching  
 Women’s  
 Hearts  
 with the  
 Trust  
 of Jesus*



---

## Day 4—Gallopig Gossip

Page 125

How hard is it to keep a secret?

Discuss the truth of Proverbs 16:28, 17:9, and 20:19.

What unusual thing did they discover in reading Proverbs 18:18 and 26:22?

## Day 5—Modeling Godly Girl Talk

Page 130

Discuss how hard it is to speak up when we witness an injustice.

Ask if someone can share a brief example of a time when they spoke up against injustice? What was the result?

---

Copyright © 2007 Susanne Scheppmann. All rights reserved.

**Susanne**  
**Scheppmann** ■ Speaker  
■ Teacher  
■ Author

6935 Aliante Pkwy. #104-404 ■ N. Las Vegas, NV 89084  
(702) 595-5444 ■ (800) 370-1565  
Susanne@susanneonline.com  
www.susanneonline.com

*Touching  
Women's  
Hearts  
with the  
Trust  
of Jesus*



---

*Perplexing Proverbs*  
 Week 8  
 “Heart-Print of Finances”

## Open with Prayer

### Day 1—What’s in Your Wallet?

#### Page 134

Do they ever feel guilty about the material blessings in their lives?

Read aloud and then discuss Proverbs 10:22 and Ecclesiastes 5:19.

#### Page 135

Discuss 1 Timothy 6:10. Stress the root of evil is not money, but the *love* of it.

#### Page 136

Discuss the challenge of Malachi 3:10 written in the margin. How do they feel about “testing” the Lord in this manner?

### Day 2—Give It Away

#### Page 138

Read Proverbs 22:2. Discuss the reality of this proverb.

#### Page 140

Discuss the *Apply* section. What can we do to make a difference in the lives of the underprivileged?

### Day 3—Desert of Debt

#### Page 142

Read Proverbs 22:7 aloud in the margin. Discuss the truth of this proverb in our lives.

#### Page 144

Discuss the Romans 13:7-8. What does it mean to “Let no debt remain outstanding, except the continuing debt to love one another?”



---

## Day 4—“Hi-Ho! Hi-Ho! It’s Off to Work We Go!”

### Page 145

Discuss the truth of a “work week” and how it applies to them.

Read Colossians 3:23 in the margin. Discuss how this verse should apply to our lives throughout the week.

### Page 148

Discuss the reality of the first *Apply* section. Discuss how an employer and the employee might feel about these activities.

## Day 5—Who’s the Boss?

### Page 150

Discuss the authority positions they hold currently. (Teacher, mom, leader, etc.)

### Page 152

Discuss the *Apply* section. Do they give themselves time to rest? Why or why not?



---

*Perplexing Proverbs*  
 Week 9  
 “Heart-Print of Time”

## Open with Prayer

### Day 1—In the Beginning

Page 157

Discuss Jesus’ words as the “I Am.” How does this apply to each one on a daily basis?

### Day 2—Once Upon a Time

Pages 158-159

What is or was their “Once Upon a Time”?

Page 159

Read Proverbs 21:1 aloud

In what ways might we “boast about tomorrow?”

### Day 3—Time’s a Wasting

Page 164

Discuss the first *Apply* section. Discuss ways we waste time.

Page 165

Discuss the story of Joseph and the seven years of abundance and the seven years of famine. How do the proverbs on page 165 apply to Joseph and to ourselves?

### Day 4—Priceless Moments

Page 167

Discuss the difference between *kairós* and *chrónos* time. Have the group share personal examples.



---

## Day 5—End of the Beginning

### Page 173

Discuss the paragraph at the beginning of page 173.

“As believers in Jesus Christ as our Savior, we continue to live physically here on earth and Christ dwells *within* us. However, when we die we will be with Jesus Christ in heaven for eternity.

### Pages 172-173

#### *Put Yourself in Their Shoes*

Read aloud 2 Corinthians 11:23-33. Discuss Paul’s statement, “To me to live is Christ, to die is gain,” in Philippians 1:21.

How does their lives compare to Paul's? How do they feel about Philippians 1:21?

---

Copyright © 2007 Susanne Scheppmann. All rights reserved.

**Susanne**  
**Scheppmann** ■ Speaker  
■ Teacher  
■ Author

6935 Aliante Pkwy. #104-404 ■ N. Las Vegas, NV 89084  
(702) 595-5444 ■ (800) 370-1565  
Susanne@susanneonline.com  
www.susanneonline.com

*Touching  
Women's  
Hearts  
with the  
Trust  
of Jesus*



---

*Perplexing Proverbs*  
 Week 10  
 “Heart-Print for Women Only”

**Open with Prayer**

**Day 1—The Wife Factor**

**Page 175**

Discuss the various television shows on page 175.

**Page 177**

If married, do they feel they are quarrelsome and ill-tempered wives at times?  
 (Proverbs 21:19.)

**Day 2—Mean Girl**

**Page 179**

Discuss any experiences they have encountered with “mean girls.”

**Pages 180-181**

Discuss Jezebel and her influence over Ahab.

**Day 3—Mirror, Mirror on the Wall**

**Page 183**

Read aloud Proverbs 31:30.

**Page 184**

How do they feel Barbie has influenced our culture?

Share within the group, examples of women who are beautiful because they fear the Lord.

---

Copyright © 2007 Susanne Scheppmann. All rights reserved.

*Susanne*  
*Scheppmann*

■ Speaker  
 ■ Teacher  
 ■ Author

6935 Aliante Pkwy. #104-404 ■ N. Las Vegas, NV 89084  
 (702) 595-5444 ■ (800) 370-1565  
 Susanne@susanneonline.com  
 www.susanneonline.com

*Touching  
 Women's  
 Hearts  
 with the  
 Trust  
 of Jesus*



---

## Day 4—Behind Closed Doors

### Page 188

Read Proverbs 7:4-27

How do they think the way we dress affects men?

How can we be more conscious of godly attire and still remain attractive in our society?

### Page 189

Read aloud Roman 13:14. What does this verse mean?

## Day 5—The Total Woman

### Read Proverbs 31:10-31

Discuss how these verses make them feel.

Since these verses are pointing toward godliness, not perfection, what areas do they feel they need to work on most?

Briefly discuss the various weeks of *Perplexing Proverbs*. Ask in which areas the individual members would like to have prayer for themselves. Close with a time of prayer, with an emphasis on wisdom and trust in God.

